

# *Lightways E-zine*

August 2023

Issac D. Coleman



*Reality Fitness*

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## **Feature : Issac D. Coleman and The Reality of Fitness**

Without doubt Issac D. Coleman is a networking machine often with the highest number of guests and referrals with Business Network International and other such organizations. His business, The Reality of Fitness, includes some of his own formulas and he is a walking, talking and friendly example of fitness. However, it has not always been the case. He describes himself as having to overcome severe asthma and bronchitis while growing up.

He says his earliest hero and mentor was Bruce Lee. When he wanted to watch cartoons his mother was into Bruce Lee movies. He soon became a Bruce Lee fan working on the moves as he saw them. He had live mentors too such as Mr. Greg Freeman, a retired US Marine and his coach Michael Evans. They taught him how to lift weights, diet and exercise from a sports science standpoint.

Issac earned a Bachelor of Science Degree in Biology (Concentration in Human Physiology & Biochemistry) with a Minor in Chemistry from the University of Memphis in 2015. He also earned a Bachelor of Arts Degree in History (Concentration in African History & the Ancient World) from the University of Memphis in 2015. He earned one of the highest grades in Lab Tech in Biochemistry (Biochemistry Laboratory Techniques) amongst his Peers in those Years.

Today Issac is a Nutritionist and Master Fitness Trainer who is the First American to capture the “Most Thumb Push-ups in One Minute” World Record Title for Guinness World Records while also raising tons of Funds (over \$11,000) for St. Jude Children’s Research Hospital in 2019. This was on behalf of “United Against Cancer is the Answer,”

Issac found time to earn a 1st Degree Black Belt (1st Dan Form) and also a 2nd Degree Black Belt (2nd Dan Form) in Taekwondo from the Taekwondo Academy of Bartlett in 2013 and 2015

In 2005, Issac became a Fitness Instructor at the YMCA of Memphis & the Mid-South and the Medical Center YMCA. Since then, he has earned Professional Education (Nutrition & Personal Training) from the American College of Sports Medicine (ACSM) and the International Sports Science Association (ISSA) certifying organizations in 2019 and 2021, respectively.

Since 2019, Issac has been the Owner & Operator of The Reality of Fitness, LLC where he has led and served hundreds of Clients in their quest to lose thousands of pounds of fat (adipose tissue) through scientifically tried & true Nutrition and Fitness Training Programs. Through his extensive Biochemistry Techniques & Nutrition Education, Issac has developed several Nutritional Products that have served people by making them Healthier in a multitude of ways. Many people credit Issac's All-Natural Nutritional Products for having helped them recover quickly from COVID-19, Cold, Flu, Hypertension, Diabetes, Bloating, Obesity, & many other conditions in record timing (clean & naturally). His Natural Nutritional Products include:

1) **The Reality of Vitality™** = Ingredients (Turmeric Root, Ginger Root, Beet Root, Chlorella Seaweed Algae, Blue Spirulina Specialized Seaweed Algae, & Vitamin C). These Ingredients have been Clinically Proven to help with Obesity, Cancer, Diabetes, Heart Disease, Hypertension, Chronic Inflammation, Heavy Metal Buildup, Tiredness, Sinus/ Allergies, Alzheimer's, Dementia, Memory Loss, Forgetfulness, and Nutrient Deficiency (of Iron, Folate, Magnesium, Manganese, B-Vitamins, Vitamin C. & more).

2) **Sweet-the-Heet™** = Ingredients (Coffee, Turmeric, Ginger, Cinnamon, Nutmeg, Pumpkin Pie Spice, Parsley, Crushed Red Pepper, Cayenne Pepper, Black Pepper, Water, Local Raw Honey, Blackstrap Unsulfured Molasses, Coconut Sugar, Pure Vanilla, & Pure Mint).

Issac represents Perfect Chiropractic and has been appointed to Leadership Roles quickly in Business Network International. He has served as Secretary/ Treasurer (2021-2022), Quality Assurance of the Membership Committee (2022-2023), and Quote Master (2022-2023). He was awarded Master Connector and the prestigious Gold Club Membership in 2023 for his Servant Leadership, ability to GIVE to others while Connecting People, Networking with People, Building Relationships, and maintaining a Positive Attitude & Genuine Gratitude! This journey allowed Issac to contribute directly to the Growth & Development of many Small Business Owners and Fortune 500 Companies.

## **Renford Revelations – Blogs, Articles and Essays**

### **The Laws of Life**

It is clear that the basic and most effective way to be healthy is to be completely healthy. We mean by this, healthy in mind, body, and spirit. Any other approach yields only temporary results. It is necessary to identify and come into harmony with the Laws of Life if one is to know true health.

Allopathic Medicine and the science of healing on the physical level has come a long way. Its advancements, however, has been so focused on the physical level that mind and soul have been considered only possible aids in physical health. In other words, the advances have been made without recognition of the fact that mind and spirit are a part of the equation. Scientists have proved that everything on this vibratory plane is governed by laws, but they are only aware of physical laws. We would like to suggest that you look at the question of health and the laws that govern health with a more comprehensive view including body, mind and spirit. In the Renford Books these Laws are referred to as the Universal Laws and the author shows how they affect the natural laws with which we have become somewhat familiar. We could also refer to them as simply, The Laws of Life.

These Laws are in play in every aspect of our lives. It is not a matter of faith or something we can turn on or off as we please. These Laws, like the natural law of gravity, are constantly in affect. Every second of every minute of every hour of every day of our lives we can know that these invariant principles are present and that we can benefit by harmony with them. It is first necessary to identify them and then verify from our life experiences that they do indeed exist and have always been a part of our existence. In the following pages we will identify these Laws as we have come to understand them but it will be up to you to look within and come to know.

### **The Universal Law of Being**

To recognize the Universal Law of Being is to come to understanding of the nature of Being. Being is a composite of mind, body and spirit. Without understanding of what Being really means, we have only a fraction of the

picture of Self. The first step and, therefore, the first Law is to determine what we are working with. Without understanding of Being we have no basis to begin the all-important work on Self. When we recognize that we are essentially spirit with a body under direction of mind we begin to have understanding of what and where we are and of the vehicle we have for finding our primary purpose. It is not possible to be exclusively healthy physically and not spiritually and mentally. Disease in any area of the Being will eventually lead to disease in the other parts of Being.

### **The Universal Law of Absolute Unity**

To recognize the Universal Law of Absolute Unity is to know that we are a part of the Absolute Unity of God – man – and all life, which is Universal Being's Self-expression. We can know that we are not an island but a part of the whole of Being. We exist as the total expression, we are connected at every level to what is above and to what we may consider below us. We ourselves are a composite and that composite is part of a greater composite of Divine Self-expression. With knowledge of Absolute Unity there is rejection of duality. There is only one power in the universe and polarity is often mistaken for duality. Some will say that there is racial polarity in their city; however, a moment's contemplation will tell you that this polarity we see is opposite ends of one thing. We are all human beings.

### **The Universal Law of Proper Perspective.**

Knowledge of the Laws will give us a wholly different perspective on health because our attempt to be physically healthy is determined by being healthy in body, mind and spirit. One is not easily treated and health is not maintained by treating only the body. Mind, our thinking, determines everything to do with the action of spirit in maintaining the body. Why? Because spirit simply works toward delivery of what the conscious mind says is its choice. It seeks to deliver what we want to create. If our thoughts are negative it will create destructively and if they are positive, it will create constructively. No matter what our thoughts are, they will create. The body is our vehicle in the school of life and both body and spirit wants to maintain it in order for the body to maximize the potential of this material existence.

## **The Universal Law of Pure Potentiality**

If we recognize the pure potentiality of our Being we know that we create in thought. All that remains is to believe that this creative power is real and allow the manifestation. With every thought all is created. As mentioned, every thought will create either constructively or destructively. Worry is prayer in reverse. It is asking for destructive results because we are using the power of thought to visualize what we fear and it will work as it always does. Understanding of these Laws gives us access to all the power of Universal Being of which we are a part. We exist in Pure Potentiality. We can exercise this power with knowledge of our unity with the whole, our understanding of the nature of Being and with proper perspective we can make the right choices. It all begins with making the right choices as to what we think.

## **The Universal Law of Believing and Knowing**

The Law of Believing and Knowing now comes into play. The most gifted physically of athletes can never realize their full potential if they do not believe in themselves. Sports figures call it confidence and when that confidence is gained world records are broken. The power of belief is illustrated again and again by Jesus. The woman who touched his garment was so sure that this touch would cure her, she simply had no doubts and Jesus said, "Your faith has made you whole." The man who accepted the words of Jesus that his daughter was healed showed that faith by leaving the Master and returning home. On one occasion Jesus said that if we had the faith of a mustard seed we could move mountains. The fundamental and almost instantly recognizable illustration of this Law can be seen when we recognize and fully believe that what we have created in thought will be made manifest.

## **The Universal Law of Abundance**

It is our birthright to enjoy abundance in all things but abundance has to be our choice. Negative input from birth drastically affects our view (perspective) of life so that for some of us there is no such thing as abundance. The most fundamental abundance we must enjoy to fulfill our primary purpose can only be achieved if we have abundant health. This is

not a world of shortages, illness or deprivation but one of abundance. If we recognize this Law, it is only a matter of utilizing our access to Universal Being and the Universal Laws to access abundant health. You may be saying, “Yes, but I have a health problem already. Look to the way you think and allow the creative power of thought and the Law of Believing and Knowing to attract abundant health.

### **The Universal Law of Attraction**

This is the method that we have the power to utilize in achieving our objectives. If we think abundance and our focus is on fulfillment of primary purpose, men and materials, answers to health difficulties and understanding of choice (proper perspective) will begin to come to us. The Universal Law of Attraction has a much deeper meaning than attracting material wealth or relationships. It is the means by which the inner-being draws to itself the personal experiences it requires in its process of evolution and unfoldment.

### **The Universal Law of Relativity**

It is with understanding that all is related to all, and that all affects all, that we come to the realization that we are not islands. We come to understand that every action has a reaction. What we think, what we eat and how we relate to our fellowman is the web of life. When we recognize who we are and know our relation to Universal Being we come to know the power that is ours and how we can access this power. We come to recognize how our negative thoughts and the way we allow other’s negative thoughts to affect us, in turn, affects our health.

### **The Law of Balance and Equalization**

With understanding of this Law we become aware that nature immediately attempts to correct an imbalance. Since our bodies are part of the atomic make up of earth this is equally true of physical health matters. The body carries cancer cells, microbes, and viruses along with healthy cells. Whenever we have an infection, the white corpuscles go into action to rectify the problem. Those cancer cells, microbes and viruses have their prescribed purposes as well. If we allow our energy levels to get low because of adverse circumstances in life or powerful negative thinking, they will go into action. If we are creating destructive forces by negative



thoughts they will do their job. Our physical program is such that they recognize that this body is ready for dissolution. If you are not ready for physical dissolution, then watch what you think. Think about what you have yet to create and focus on the ideal of that creation. It is necessary to maintain balance in our lives and know that this life exists for a purpose. Find and fulfill that purpose all the time remembering that we truly cannot afford a negative thought.

### **The Universal Law of Evolution and Unfoldment**

Just as the body evolves biologically, the inner Being evolves and unfolds in its purpose. It is not possible for the doctor to treat a physical problem with drugs only because drugs will only treat the immediate physical problem. Drugs such as antibiotics can kill bacteria and others can lower blood sugar levels. The doctor can operate on you surgically to remove a cancer or drugs can thin your blood to treat a dangerous heart situation. The doctor can clean out your arteries and allow the free flow of oxygen to the heart but if you don't make changes in your life style they will soon clog again. They will not correct the causes of the problem, which relates to how you think, the choices you make in activity or what you eat. If you stunt the process of spiritual evolvment by refusing to evolve and unfold which is your primary purpose, you can be setting yourself up for a learning experience that will not be pleasant.

### **The Universal Law of Giving**

The only effective action that we can take in life involves giving. If you are a taker and so involved with yourself that you cannot recognize the Laws you can stop the process of inflowing and outflowing. This process is the very breath of the spirit. Not being a giver is tantamount to holding your breath. Refusing to receive or give is an inhibition of the spirit. Whether one gives of their time, money or knowledge, giving is the effective action of healthy spirit and when it is blocked there cannot be a healthy body in the long run. You might get away with a selfish attitude for a number of years but like unhealthy eating habits it will catch up with you.

## **The Universal Law of Righteous Self-interest**

The old saying is that charity begins at home. This has been taken as an excuse to look after number one. Looking after number one at the expense of others is selfishness and is not what the Law of Righteous Self-interest is all about. Jesus expressed the principle when he said, “It is more blessed to give than to receive. Have you ever wondered why he would say such a thing? Has it ever seemed a bit at odds with what you perceive to be the facts of life? He knew and you must come to know that the Law of Righteous Self-interest means that you cannot benefit yourself in body – soul or mind if self-interest is your keynote to life. You cannot receive without giving. In fact, it is in your self-interest to be a giver. As noted, every effective action you take in life involves giving and you will receive in direct relation to your giving. You may not expect nor can you give with expectation that those you give to will make recompense. Somewhere and somehow you will receive in multiples of what you give. That is the Law of Giving. Righteous Self-interest cannot be served without giving.

## **The Universal Law of Love**

Last but certainly not least is the Law of Love. It is the glue for all the other Laws. Jesus said it was premiere. He said, “Love the Lord your God with all your heart, soul and mind and love your neighbor as yourself. Why? It is necessary for you have a loving spirit in order to properly access and benefit from recognition of all the Universal Laws. Without love of self you can never know the Self or understand the Being or its connection to Universal Being. Therefore, you cannot benefit by the Law of Absolute Unity. You will always be thinking first of yourself and of yourself as opposed to all others. You can never know the power you possess as a Being with pure potentiality. You can never have proper perspective. It will be impossible to maintain balance, attract abundance or experience the Law of Evolution and Unfoldment. You will never give of your Self and therefore never benefit by the Law of Righteous Self-interest. You will never be able to fully relate to Being as a whole and to Universal Being. Without love it is not possible to experience the abundance of health, which is your birthright.

## **Summary**

Do not look to others for healing if you are not prepared to heal yourself. Don't look to others for help that goes beyond emergency measures to temporarily solve the immediate survival needs. For permanent healing, do as Jesus suggested, which was "physician heal yourself". Your body creates new cells at an enormous pace. Every eight years every cell in your body has been replaced. The doctor can help with remedial action attacking a severe problem and he can reduce pain but only you can heal yourself. An antibiotic will kill bacteria but the body must heal itself. The antibiotic only buys the body time to heal itself. It makes it possible for self-healing.

For long term healing you need to identify in your life experiences the Universal Laws in play. You need to know that these Laws are real to you. I am not asking you to believe me but to confirm for yourself and come to know. The Institute of Applied Metaphysics is about knowing. The knowing will make it possible for you to come into harmony with the Laws of Life.

## **Renford**

### **Editor's Notes:**

#### **Affiliate Partner Program**

This is a reciprocal working arrangement. Contact us with information on the book, product or service you would like for us to market for you. You may provide a banner advertisement or provide the basic verbiage and we will design one for you. In addition to Lightways advertisements and interviews, you may appear on radio and television interviews.

#### **Daucers.Com**

Check out Daucers.com if you are looking for antiques or anything out of the ordinary. You may also place products and services you have for sale on this site.

## **Commercial Writing**

Go to [www.iamrenford.com](http://www.iamrenford.com) and check out the section with bullet points. A list and samples of commercial writing are available for your inspection. Direct response sales letters, case studies, grants, business plans and white papers can be contracted.

## **Workshops**

Workshops are being scheduled for a wide variety of studies at the Unity Christian Church of Memphis. These workshops include creative writing, book production, publishing and marketing. A list of all workshops organized will be provided upon request. Workshops may be scheduled in your facilities. We will be posting these workshops in the Calendar of Events section of this E-zine and online.

## **Scholarships**

Scholarships are available for the first degree level of the Institute of Applied Metaphysics. The focus in the Universal Law Society is on the process of identifying and verifying the Universal Laws. There are 20 courses utilizing 8 essays with True/False questions and 12 texts with multiple choice questions. You start when you want to, go at your own pace and complete the courses simply by sending in your answers. Graduates are eligible for certification to teach all courses completed and for ordination as a Minister Teacher with the Church of Revelation. Email [iamrenford@gmail.com](mailto:iamrenford@gmail.com) for additional information or to get started.

## **Article Contributions**

Readers of this publication are welcome to submit articles for inclusion in Lightways. Send them to [iamrenford@gmail.com](mailto:iamrenford@gmail.com) and I will personally review them and contact you about which issue it could be in. We generally try to create a theme for each issue and your article will be included in that consideration.

## **IAM-WELL Chapter Participation**

Chapters for the IAM-WELL book of healing modalities or alternative systems can make you a published author immediately with its inclusion.

You may receive this E-book to see how your chapter might fit into it. Simply request a copy at iamrenford@gmail.com.

## Quote of the Month:

*“Unless the mind, body, and spirit are equally Developed and fully integrated, no spiritual peak or State of enlightenment can be sustained. This is why extremist religions and ideologies do not bear fruit.*

*When the mind and spirit are forced into unnatural Austerities or adherence to external dogmas, the Body grows sick and weak and becomes a traitor to the whole being.*

*When the body is emphasized to the exclusion of the Mind and spirit, they become like trapped snakes; Frantic, explosive, and poisonous to one’s person. All such imbalances inevitably lead to exhaustion and expiration of the life force.*

*True self-cultivation involves the holistic integration of Mind, body, and spirit.*

*Balancing yin and yang through the various practices Of the Integral Way, one achieves complete unity within and without. This manifests in the world as perfect equilibrium and perfect grace.*

**Lao Tzu on Health - From Passage Fifty-Eight of the Hua Hu Ching, The Unknown Teachings of Lao Tzu by Brian Walker**

## Humor Me!

A mother complained to her consultant about her daughter's strange eating habits. –“All day long she lies in bed and eats yeast and car wax. What will

*happen to her?" – "Eventually," said the consultant, "she will rise and shine."*  
AIMS Education

## **Poet's Porch: From *In Search of Self* by Renford**

### **Well Being**

I know that my true Being is a composite of mind, body and spirit. No part of this composite can be ignored. A healthy body can only be secured and maintained if healthy mentally and spiritually.

I know that the way I think determines my health not only mentally but also physically and spiritually. Consequently, I do not deprive my body of proper nutrition, my mind of positive creative thoughts, or my spirit of meditation and prayer.

Likewise, I do not pollute my body with useless foods or chemicals. I do not pollute my mind with fearful and negative images, nor do I cripple my spirit by allowing myself to be diverted from my primary purpose.

My body, mind and spirit are harmonizing as a healthy whole. I live in an abundance of energy, light and joy. Because of this, I need less food, less in the way of mental diversions and I know my inner being as whole and complete. I live in the process of unfoldment as I am a part of the eternal creative process.

I am the creator of my life and express through my body mind and spirit. I am perfect in creation though I have perceived my manifestations as less than perfect. I am not judgmental of myself or others. I am in my place, and others are where they are supposed to be in the process of unfoldment. If I could be more at this point, it would be because of my expanded capacity to receive. I am expanding my capacity to receive.

I exercise mind, body and spirit daily as an integrated process of maintenance. My mind is in active pursuit of proper coordination of body and spirit. My body is in active pursuit of service to mind and spirit, and spirit is in active pursuit of its primary purpose. This is the process of evolution and unfoldment.

*All is process. Words such as “shoulda – coulda – woulda” are no longer a part of my vocabulary. There is only the eternal NOW and no words or descriptions are necessary other than I AM.*

## **Deborah Clift on Health Care**



### **How do you manage your self-care?**

We know we can make better choices with our nutrition, exercise, hydration, seeking medical care when necessary, scheduling massage, decreasing stress... Sometimes working to improve even one of those can seem a bit too much to incorporate when we're feeling overwhelmed.

Physical self-care is important, but emotional self-care is equally so. I found these tips in an article in the Fall 2022 edition of

MESSAGE THERAPY JOURNAL. I wanted to share them with you.

#### **1. FORGET THE “TO-DO” LIST AND MAKE A DONE LIST**

Simply having a visual reminder of what you completed can remind you of what you've accomplished and that you are doing the best you can...and sometimes that is good enough.

## 2. CREATE A SIMPLE MORNING RITUAL

Perhaps sit on the edge of your bed upon waking and take 5 slow, deep breaths.

Find a quick stretching routine you can do before hopping in the shower.

Think of or write down 5 things you are grateful for.

## 3. MAKE A "DOWNTIME" LIST

We need to build time in our schedule for relaxation and free time. Have a list of things you enjoy. Books you want to read, recipes to try, quick project around the house or yard (that you will enjoy doing).

Plan a few minutes each day to relax, get moving, spend time with family and friends... whatever helps your physical and mental health. 😊

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## Bernard Dozier

### The Reality of Healing

Most healing systems aren't based on the essential spiritual principle of Omnipresence.

Thoughts about healing are all across the board. Most of our thinking takes us in the direction of someone or something outside ourselves providing some substance or activity that is believed to be lacking. The prevailing assumption seems to be that man can, through treatment, supply what God has failed to provide.

But Jesus administered no medication, added no supplement, pronounced no diagnosis, and performed no surgery...yet healings were accomplished. So, what was it that brought healing? He made it clear, "It is not I (my humanity), but the Father within(my spiritual nature)that does the work."

While Jesus claimed no personal credit for healings, I can only surmise that he radiated a spirit of wholeness--a kind of personalized spiritual "electricity" that awakened long dormant life currents in his "patients." I have to believe that his Spirit-Mind "energies" stirred, stimulated, and reactivated the spiritual life stream long buried under human focus on separation, limits, and impossibilities.

Jesus' comment about the Father within leads me to believe the healing activity was a spiritual "vibe" that he exuded--one to which the afflicted were strongly attracted. It surely must have been a vibration that erased, released, or eliminated accretions of doubt, fear, error, pain, constriction, injury, trauma, dysfunction, handicap, etc.. That vibration must have first nullified unquestioned untruths in the minds--then the physical effects of those untruths that had afflicted the bodies--of those healed.

If we say that God is Omnipresence, that presence must include ever-present, ever-perfect Life. And since Spirit is indestructible, God's image of Life in us is God's indestructible gift to us. It is our Immortal Life whose healthy glow reveals the unreality of all that produces illness, trauma, and disease.

Eliminate all the anti-life we've piled on top of our God-Life, and the perfection again functions freely, fully and without corruption, deviation, or limitation. So, I'm thinking that healing isn't due to the introduction of externals that drive out imperfection, but rather the elimination of our human belief in the power of anything to harm, bind, or to oppress us in God's heaven-based Creation.

## **Introduction to the Renford Books**

The Introduction to the Renford Books is a sample of what you will find in more detail in the pages of *The Renford Books*. *The Renford Books Catalog* contains the basic information on the books. It will be sent on request and will be available at [www.IAM-COR.org](http://www.IAM-COR.org), [www.iamrenford.com](http://www.iamrenford.com) and at [www.Daucers.com](http://www.Daucers.com).

“You can travel to the furthest recesses of any continent, endure years of discipline, have personal time with a master teacher, learn to develop psychic capabilities and experience intense visions; but sooner or later, the Universal Laws must be consciously identified and verified from your life experiences in order for you to truly know your Self.”

People all over the world are discovering that they can study world religions and philosophy and go to great lengths to develop spiritually and still not really go far in the process of self-discovery. We would like to introduce you to the Renford Books because my effort is to demystify the process. I bring out the ultimate master in each of us. We start with the conscious process of identifying and verifying each of the Universal Laws from our life experiences. Once they are clearly understood on a conscious level, we begin the process of self-observation and let the intuitive mind, the inner being, take over.

I wrote each of the Renford Books with a particular type of reader in mind yet the subject matter is similar in that always I am dealing with the Universal Laws. I have been asked often why I am always talking about the Universal Laws. There is nothing else to talk or write about. Every thought and every action we take, no matter how wrong we might be, is based in these laws. We live move and have our being in them and it is imperative that we understand them.

In this document, now included in each book, I am giving a little history as to why I wrote them, for whom they were written and why. At the heart of our thinking when we consider reading a book the essential questions are, what is in it for me? How will I benefit by reading this book? The purpose of *The Renford Books* and this document is to address these questions.

### ***The Searcher's Road Map***

*The Searcher's Road Map* introduces the reader to the Universal Laws, the Renford Books, the Institute of Applied Metaphysics and the Universal Law Society. This book promotes no religion but seeks to show how we are alike as opposed to how we are different. *The Searcher's Road Map* could be called a marketing piece. Renford wanted to create a book that looked like a book, would be accepted as a book but really would serve the purpose of introducing the reader to the whole program.

### ***The COR Document***

The COR Document is the manual for the Church of Revelation. It addresses the problems that beset religious organizations and explains the mission of the group. The Church of Revelation was established to provide assistance with the personal ministries of graduates of the Institute of Applied Metaphysics. This book defines an organization that is structured so that the best interest of the individual member is held as première. Both Krisnamurti and Yung noted that as soon as an organization is formed the interest of the group supersedes that of the individual. Where this occurs in a spiritual organization a barrier is created to self-discovery. COR is based on knowledge and understanding, not on politics or tenure.

### ***The Rules of the Game***

*The Rules of the Game* introduces the Universal Laws in the simplest manner possible. It is not an in-depth study, but provides a basis for understanding of the Laws. Many people do not consider what Jesus or Buddha had to say as relevant to their lives today. They are not really interested in the great sages. Some are, however, interested in what Vince Lombardi, Lou Holtz and Bear Bryant had to say. These legendary philosopher coaches may never have thought in terms of Universal Principles but the quotes recorded in this book show they understood the

principles about which they were speaking. The game of football is shown to be analogous to the Laws of Life, and the quotes illustrate that even on the simplest everyday matters of life, these Laws are in play. It was Renford's intention to provide as simple an explanation of each Universal Law as he possibly could and avoid any trace of religious doctrine or dogma. He wanted to create a book that could be used by sports organizations or any kind of group that supports youth development.

### ***The House That Namuh Built***

The creation of meaningful allegories, in fact, the writing of allegories, is an art form that some think is disappearing. When you find a good allegory that is expressing a Universal Principle, it can have a powerful effect on your life. *The House That Namuh Built* is about first a man, and then a whole people who begin on the path of Self-discovery. Again, it is about the Universal Laws, the invariant facts of life, upon which we can base our understanding for Self-discovery. This is a modern day parable, an allegory of the process of Self-discovery. Everyone in the story represents an attitude, an emotion or a Universal Law. The purpose of the book is to aid readers in the process of identifying and verifying the Universal Laws from their own life experiences.

The initial intent was to write a book for young people that would introduce them to the process of identifying and verifying the Universal Laws in their life experiences. The first draft was about 19 pages. It addressed the subject of the levels of mind and it took more than 5 years fleshing out characters and creating stories within the story to illustrate each of the Laws. Renford says he has received more feedback from readers regarding this book than any other.

### ***In Search of Self***

This is a book of prose and poetry that parallels the other books in the study of the Universal Laws. You will find that one of these Laws states that to truly understand anything, one must experience it personally. *In Search of Self* is the rendering of the Laws in verse. It allows readers to experience the process of identifying the Universal Laws from one's life experiences. Renford says this book is more personal to him than some of the books because it reflects his process of self-discovery. These poems were written

over a long period of time and were collected into sections that pertain to each of the Universal Laws.

It was not Renford's intention to write a book of poetry but he simply put a collection together of his works over a long period of time. He has noted that he approaches poetry differently. It is as if we have to pay more attention to every line in order to grasp the real meaning.

### ***The Laws of Material Wealth***

This book was written for those who are pondering career changes or contemplating going into business for themselves. It applies Renford's understanding of the Universal Laws and his experience working with entrepreneurs, especially in startup situations. For many people developing their own business is a compelling idea. Sometimes a hobby or particular activity is all that really interests some people. *The Laws of Material Wealth* helps readers understand where this is coming from and why it is important for them as part of the creative process. The fundamentals based on the Universal Principles of creation are the foundation no one can ignore.

This book was written while Renford was working in venture capital. He was raising the money to raise the money. In other words, seed capital, the funds necessary to get into the position to approach venture capital, securities companies or angels. He came to the conclusion that though his clients saw everything as a money problem, the real problem more often than not was management and their unrealistic expectations. He used a number of examples from this period changing the names to protect the guilty!

### ***The Laws of Material Wealth Workbook***

The Workbook for *The Laws of Material Wealth* follows the chapters in the book and includes four - five exercises in each chapter dealing with a Universal Law. Sample questions one may need to ask are included. The primary purpose is to assist the reader in the process of identifying and verifying each of the Universal Laws in his own experiences and making application of this knowledge in the creation of the image held in thought. Whether a business, career or a non-profit project this is the process of creation, and above all else each of us are creating our lives.

### *Support for the Laws of Material Wealth*

Once a student has the book, the workbook and the 4 DVDs he receives access to the 54 weeks of support material and online coaching. The support material is delivered by e-mail and the radio program on the RBR Network called The Laws of Material Wealth Personal Development Program constitutes oral coaching on each of these 54 weeks of support material. The shows are available at present in the archives of the RBR Network at [www.blogtalkradio.com/renford](http://www.blogtalkradio.com/renford) and will be available on DVDs for those who purchase the program. The support material will be published as an additional workbook for the program.

### *The River of Life*

This book is primarily written in verse. It is about the eternal nature of being. It picks up an entity that is between physical lives and follows him on his journey down the river of life. It addresses the various theories of life after death that is usually dumped under the general term of “reincarnation.” Christian dogma starts the clock on the nature of being with physical birth, and this essentially denies the word “eternal” except in terms of an eternal reward or punishment. This book points to the fact that the word eternal means **without beginning as well as without end.**

### *The Mysteries Revealed*

This book looks at the meaning of the most controversial of the biblical books – the *Book of Revelation*. Many equate the word “apocalyptic” with the word “catastrophic.” “Apocalyptic” does not mean “catastrophic.” It means revelation. It is also called the *Revelation of John*. Dreams can seem crazy when viewed in relative consciousness, so it is important to use the language of the mind. Since there are a number of visions mentioned, *The Book of Revelation* should be treated and interpreted as a dream. Though most consider *The Book of Revelation* simply to be a book of riddles, there are those who teach a religion of fear based upon it. It is really about moving **from fear based feeling to love based living.** *The Mysteries Revealed* is a metaphysical interpretation of the *Apocalypse of John* – the revelation of Jesus. It is a roadmap to self unfoldment. It is the mysteries revealed.

## ***The Metaphysical Bible***

It is a mistake to think that one can interpret all the books of the Bible in exactly the same manner. One cannot interpret all these books literally, metaphysically or with any set formula. Each book was written by the writer to a specific individual or group for a specific reason. *The Father Confusors* deals with physical events described by ancient witnesses from their only points of reference. *The Metaphysical Bible* deals with scripture that is obviously metaphorical or metaphysical in nature. Popular and familiar passages such as *Isaiah 55*, the Lord's Prayer, the 23<sup>rd</sup> *Psalms* and others are revealed in a different light. The deeper, and with all due respect to theologians and philosophers, clearer picture of what was being said is recorded for your study. Some, if not all, of the passages that are metaphysically rendered can be found in various Renford Books, but they are all together and in an easily understandable order in this book.

Included in this book is a chapter on how we got our Bible. Many think of it as something that has always existed but it was a collection ordered by an Emperor who was himself not a Christian. What should or should not be included is still a matter of conjecture with the Greek Catholics, Roman Catholics and Protestants, not to mention the Gnostics, putting forward their collection as the Bible.

## ***Renford Revelations Volume One – Volume Four***

Included in these books are blogs, articles and essays by Renford on a variety of subjects of contemporary interest. The power that can be gained by understanding of the ancient teaching of the Masters come alive with understanding of applied metaphysics. Without a practical way to understand and harmonize with the Universal Laws, the benefit is limited to the intellect or faith. The Essays are revelations that come from the process of identifying and verifying the Universal Laws from life experiences. They have been delivered on Internet radio, Internet Article Centers and included as chapters in some of the Renford Books.

## ***The Father Confusors***

This is a study of ancient scripture and the parallels that can be seen in related stories. It is in the third level of the Institute of Applied Metaphysics and builds on the lessons learned from the Universal Laws. Once the

Universal Laws are understood, at least on a basic level, *The Father Confusors* helps differentiate between Universal Being – God and alien entities that were thought to be God or posed as God. The First Cause, the Creative Force we call Universal Being, is identified through the Divine Self-Expression, the Universal Laws. This book deals with numerous incidences described by ancient witnesses from their point of reference and what they are describing is not God nor God-like attitudes and actions. Witnesses describe an incident from their point of reference. Ancient witnesses could not include all the technological advancements of the 21<sup>st</sup> century.

### ***The Core Teachings***

This book identifies thirteen Universal Laws that were taught by the Great Masters. The emphasis is on how their teachings were alike as opposed to how they were different. It can be read in two ways. It may be read as any book from front to back in the normal way or the reader can take any one of the Universal Laws and follow the thinking of the Masters one by one. You can read what Buddha had to say about one of the Laws in the Dhammapada – what Lao Tzu said in the Tao Teh Ching, what Vedic writers said in ancient Vedic texts – what the Zen Masters said – what Jesus said and what Mohammed said. The book moves on to famous writers and teachers such as William James, Ralph Waldo Emerson, Thomas Troward, Wallace Wattles and Napoleon Hill. The last author quoted is Dr. David Hawkins PhD. The reader can get a more comprehensive picture of a Universal Law than any other way. Readers and students can see for themselves how the original teachings parallel each other. In the process of this study what has been added can be identified. To some degree, there is an introduction to the Universal Laws in virtually all of the Renford Books, but in *The Core Teachings*, there is a more in depth study of the Laws.

### ***The Unity Principles***

This book is a study of the writings of Charles Fillmore and Emily Cady and records what they said about the Universal Laws in comparison to what are commonly accepted as the Unity Principles. No matter how the Unity Principles are represented today, we can see in this book that Fillmore and Cady were very specific in their statements.



The 5 Unity principles as they are explained by the ministers of Unity Church of Christianity are really principles that any Christian could agree with. However, when we look at the specific statements of Cady and Fillmore we find very specific definitions of each of the 13 Universal Laws that are unequivocal. These statements, unlike those put forward officially as the Unity Principles orthodox Christians would not agree with. The Principle of Absolute Unity, for instance, is clearly stated in Unity as, “There is only one power in the universe.” Orthodox Christianity says there are two warring powers battling over the souls of men, God and angelic army and the devil with his demonic forces. Duality is predominant throughout traditional Christianity.

### ***The Universal Law Society Workbook***

The ULS Workbook contains the multiple choice Lesson Questions for the books and essays that make up the first level of study for the Institute of Applied Metaphysics. The first level is called the Universal Law Society because each of the Renford Books deals with the Universal Laws. The essays have True and False Lesson Questions. This is the workbook necessary for those who want to complete the ULS and become eligible for ordination by the Church of Revelation as Minister – Teacher.

### ***The IAM Masters Workbook***

In the second level, the M. A. Program, the focus shifts to the process of manifestation and acceptance. The purpose of this level is to engender understanding of the process of creation. In fact many of the teachers who have studied the Universal Laws call them “the Laws of Creation”.

It is obvious that masters, such as Jesus, saw our purpose for being here to create and be productive. we have the illustration of Jesus wilting the fig tree because it was barren. He told the parable of the talents which emphasized the need to be productive and explained what the primary enemy of the individual is, “Fear”.

### ***The PhAM Workbook***

This workbook contains essays with lesson questions and all assignments. It also includes all of the multiple choice questions for the texts in this level. This is a required purchase for one who wants to complete the third level.

The material in this level is advanced information not readily available in most esoteric schools. Completion of this level entitles the graduate to teach any courses in this level as well as ordination as a Doctor – Metaphysician in the Church of Revelation.

### ***The Author's Workshop***

This workbook is the text taught in workshops and is provided for paying students as part of the price of the workshop. It can be purchased separately but it is in outline form and much is to be gained from the explanations covering it. This is a complete guide to aspiring authors. Publishing is defined, what to expect as part of the process and what to do when your book is covered. The workshop is generally presented in a three hour format beginning with a clear picture of how the publishing business has evolved and how to adapt to these changes. This is important if a new author is going to be able to make informed decisions. With this knowledge it will be much more difficult for anyone to take advantage of a new author. Cost cannot be hidden if the author knows what the process is. When you know the questions to ask publishers and people who assist with publishing recognize that you want an itemized fixed cost in advance and that you intend to maintain control.

### ***Half Enlightened Masters***

The purpose of this book is to familiarize the reader with the steps to be taken in the process of self-discovery. In order to accomplish this process it is helpful to look at ways people have tried to do this. Religion has been the main focus. The occult world is another, which includes the search for a perfect master in the popular Eastern tradition. Renford is offering his observations with regard to organizations covered in this book because he has been able to study and spend time with supporters of these schools of thought. They were not selected for critiquing purposes. Basic information is provided and readers can take the time, should they so desire, to investigate any or all that has been included.

### ***The Literalist Conspiracy***

This book gives an accurate picture uncolored by the Catholic Church story line. It reveals the facts about the first 50 years after Christ, the Ebionites under James the brother of Jesus in Jerusalem as well as the coming of the

Gnostics. It reveals a small group of the lowest level Gnostics, called Hylics who interpreted the myths with meaning written by Gnostics literally and turned them into narratives. It is about the state of Christianity through to the Nicene Council in 325. It traces the development of a new aggressive and violent religion founded by the Emperor, a non-Christian, for political purposes. This new religion was structured along the lines of the Roman Military, and combined with the state apparatus, created a resilient theocracy that when the state failed continued to develop through other states. This book contains information on existing and competing religions at the time and the role politics played in the creation of the Bible.

### *The Revealer*

*The Revealer* is an in depth study of the mission of Jesus, the religious and political scene at the time of his recorded life and the very essence of his teachings. This book deals with the secrets he said he was there to reveal. He said these secrets had lain hidden from the foundations of the earth. In the same verse, *Matthew* 13:35, where he states this is his purpose for coming. The writer of *Matthew* goes on to say, “And he spoke to them in parables and without parables spoke He not.” This very clearly tells us where the secrets are to be found.

### *IAM-WELL*

It is clear that the basic and most effective way to be healthy is to be completely healthy. We mean by this, healthy in mind, body, and spirit. Any other approach yields only temporary results. It is necessary to identify and come into harmony with the Laws of Life if one is to know true health. Medicine and the science of healing on the physical level have come a long way. Its advancements, however, have been so focused on the physical level that mind and soul have been considered only possible aids in physical health. In other words, the advances have been made without recognition of the fact that mind and spirit are a part of the equation. Scientists have proved that everything on this vibratory plane is governed by laws, but they are only aware of physical laws. We would like to suggest that you look at the question of health and the laws that govern health with a more comprehensive view including body soul and mind. In the Renford Books these Laws are referred to as the Universal Laws and the author shows how

they affect the natural laws with which we have become somewhat familiar. We could also refer to them as simply, The Laws of Life.

### ***The IAM Catalog***

The idea for the creation of the Institute of Applied Metaphysics developed from the suggestions and contributions of many who read the Renford Books when they were still in manuscript form. Readers and students have continued to motivate Renford culminating in the establishment of the Institute and its Board of Regents. The Renford Books constitute Renford's understanding on a wide range of subjects, each related to the Universal Laws. As a student of the Institute of Applied Metaphysics you will learn on three levels. The first level is a comprehensive look at the Universal Laws with the objective being to identify and verify each from your own life experiences. The second level looks at our primary purpose for being here and the process of manifesting our evolution and unfoldment. The third level ties it all together with an in depth esoteric study.

The courses, essays and lesson questions for all three levels are listed along with comprehensive information on the Institute. This catalog also provides a clear picture of the philosophy of the Institute with regard to education and educational institutions.

One only need read one of the Renford Books to recognize that they are different. With a dedicated study of these books one can break the bonds of mechanical thinking and begin the process of evolution and unfoldment. The same old fuzzily stated esoteric ideas are absent. There is a clear and direct communication of the invariant principles in a way that any serious student can understand and find a path to run on.

### ***Original Science***

Science today draws on the contribution of early giants such as Hermes Trismegistus, Pythagoras, Socrates, Aristotle and others. At the same time they made these scientific contributions they were extraordinary philosophers. There were simply not the clearly established lines we have today between philosophy and science.

You can request a copy of the Renford Books Catalog at iamrenford@gmail. Com. These books are available in paperback and as electronic books.

### ***Government***

In this book original laws from ancient texts such as The Laws of Maat, The Code of Hammurabi and the Ten Commandments are shown to be the core principles upon which our judicial system and systems of government are based. There were other such ancient text all of which the kings who brought them claimed were given to them by the gods on a mountain top. It is what all including the Law of Moses have in common as they all claim them to be a revelation exclusively for them by the gods to provide for the people.

This book explains how from these basic laws we have meandered through history and the divine right of kings to eventually arrive at constitutional law by the people and for the people.

### ***Religions of the World***

This book may not include every religious group in the world and there are many derivatives from each of the major religions. The major ones are covered using both the literalist and esoteric extremes. The Literalist side will be most interested in form, doctrine, and ritual. The esoteric side will be interested in the process of enlightenment and understanding. There will be some religions of which you will have limited knowledge. You can find information on the Internet with regard to any religion but you have to know what to look for. I think there will be some in this book you would not have known to look for.

### ***The Contemporary Revelers***

This book is a review of contemporary writers who have addressed and explained some, if not all, of the Universal Laws. This fact is not recognized by those who have written reviews of these authors and their books. It may be that they do not recognize the significance of these writings. For instance, people who write about Edgar Casey involve themselves in how accurate his readings of the future have been. They want to theorize about what he saw in political terms etc. They miss the significance of his identification and verifications of the Universal Laws. You will not hear from most Christian

Ministers about the Universal Laws but Jesus himself said that he had come to reveal the secrets that had lain hidden from the foundations of the earth. He told his apostles that he had revealed the mysteries to them though they don't appear to have been astute students. This book features people who have revealed at least partially the Universal Laws.

### *The Language of the Mind*

When we attempt to interpret a dream, especially those that are recurring, we have no hope unless we know the language being used. We think in pictures and it is motion pictures we receive. These pictures are symbols with which the inner being is using to talk to us. If we associate the dream only with the picture or scenes related to the experience in the relative conscious state while awake it is like trying to translate from Chinese to English using only Greek. It does not work! If we know the symbols we know the language of the mind. Most of us are not meditating and the only time the inner-being can talk to us is when we are asleep. If we attempt to interpret our dreams in the relative conscious language of our relative conscious lives we have the total confusion and fear-based interpretations of those who give us literal interpretations of the *Book of Revelation*

### **Calendar of Regularly Scheduled Events:**

Please note that the events in this calendar may now be virtual events that you can only participate in online.

**Laws of Material Wealth Personal Development Program** on [blogtalkradio.com/renford](http://blogtalkradio.com/renford): Monday at 8:00 CST beginning the first Thursday in July.

**Author Workshops** – Ella Oji and James Renford Powell will be conducting workshops for aspiring authors. The dates will be posted. Confirm your intent to attend 901-487-9365

**Pema Karpo Meditation:** [pemakarpomeditation@gmail.com](mailto:pemakarpomeditation@gmail.com), Zoom Class Meeting ID 586 971 4382 , Sunday 11:00 AM, 901-377-4834, 3921 Fraser-Raleigh Rd., Memphis, TN 38128

**Open Heart Spiritual Center:** <https://www.facebook> , 901-860-5029

**Unity Church of Practical Christianity:** 10:30 Sunday at 9228 Walnut Grove, Cordova TN, Road / East of Germantown Parkway

**Unity Christian Church:** 11:00 Sundays at 3345 McCorkle Road Memphis TN 38116 / between Brooks Road and Winchester

**The First Unitarian Church of Memphis - *The Church of the River*** 292 W. Virginia Ave. Memphis, Tennessee 38103 11:00AM – 12:00PM  
[info@churchoftheriver.org](mailto:info@churchoftheriver.org)

**The Theosophical Society** – The society meets on Zoom the second Monday of the month. Contact Elaine Orelan at [edorland@aol.com](mailto:edorland@aol.com)



This is a site that is a cross between E-bay and Facebook but allows you, at a much lower cost, to build a marketing program for your book, product or service. Try talking to the creators of Facebook, LinkedIn or E-bay. You can talk to the creator of Daucers.com. His name is Daniel Genders. Once you have seen Daucers.com email him at [daucers@hotmail.com](mailto:daucers@hotmail.com). He will set up a call time to discuss your particular needs.

## THE RENFORD AFFIRMATIONS

*I know that anything I can conceive and believe I can achieve. Everyday ideas are coming to me. Every day I gain more confidence because I believe in myself. God dwells in me, and I can access God Power by recognizing my innate powers.*

*I know that there are certain Universal Principles or Laws upon which all laws, including the laws of physics, rest. I am persistent in my identification of these Laws in my life. I am using my innate powers to come into harmony with these Laws of life. I know that these Laws are the Divine Self-Expression and that through understanding them in my life experiences, I can BE STILL AND KNOW GOD.*

*I see all problems as challenges that simply require a learning process. I love them because they exist in Divine Love for my benefit. I understand that proper perspective is necessary to begin any work and I'm daily developing the capability to view my life in proper perspective.*

*The essence of God is in me and I am pure potentiality. Every thought I have creates. I am aware that I can create destructively as easily as I can create constructively; therefore, my every thought is observed as if I were outside looking in. Negative and fearful thoughts are immediately apprehended and brought into the light from the dark corners and hidden caverns of my mind. In their place, creative and constructive thoughts are building the edifice of self-knowledge and understanding, which is my birthright.*

*I know that there are no limits upon the abundance that is available to me, except those that I place upon myself. I am releasing all thoughts that restrict or limit me. I am attracting all the skills, people and materials that I need to fulfill my primary purpose. These assets and attributes are daily being placed on the infrastructure that I have created in thought. I am manifesting what I have imaged in thought.*

*I know that I am not alone but part of the absolute unity of all. I know that every action has a reaction. I know that all is connected; therefore, there are always consequences of my thoughts, attitudes and actions. I observe this and daily create an ever-expanding positive force.*

*I am giving of myself every day in every way. I share my wealth, time and knowledge, and the cosmos rewards me in multiples of my giving. It is inevitable that I receive when I give, because this is an expression of a Universal Law.*

*I know that no matter what I give or receive, there is only one essential ingredient, and this ingredient is the makeup of God. IT IS LOVE. Every time I share my knowledge, wealth or time, I am giving packets of LOVE—Packets of God. Love is all that I have been given, and it is all that I can give. I give love freely and daily.*

*I know where I am, who and what I am, and what I am capable of. I know that my capacity for energetic activity, creative thought and love is endless and that my energy supplier, Universal Being, is infinite. I take responsibility for what I have and will create. I know that what I create in thought, and give the power of emotion to, will be manifested. I AM IN EVERY WAY CREATING MY LIFE! ~ ~ ~*



# First Level – The Universal Law Society

## ULS Registration and Order Form

This is the course list of the Universal Law Society (ULS), the First Degree Level of the Institute of Applied Metaphysics (IAM). To enroll, choose the payment plan by indicating your choices in the Order column. The **Basic Payment Plan:** payment for each course as taken

Code	Course	Textbook	Retail	Fee	EBook
ULS101	Introduction to ULS	<i>The ULS Workbook</i>	\$32.00	\$225.00	\$8.45
ULS102	Introduction to the Universal Laws	<i>The Searcher's Road Map</i>	\$ 5.26	\$125.00	FREE
ULS103	Practical Metaphysics	<i>The Rules of The Game</i>	\$13.50	\$145.00	\$3.45
ULS104	Identification and Verification	<i>The House That Namuh Built</i>	\$15.50	\$180.00	\$4.45
ULS105	Commentary	<i>Renford Revelations-Vol One</i>	\$14.40	\$155.00	\$3.60
ULS106	Yoga of Emotional Health	<i>The Tibetan Rites</i>	\$ 9.00	\$130.00	\$2.70
ULS107	The Church of Revelation	<i>The COR Document</i>	\$11.00	\$125.00	FREE
ULS108	The Unity Movement	<i>The Unity Principles</i>	\$13.50	\$125.00	FREE
ULS109	Teachings of the Great Masters	<i>The Core Teachings</i>	\$27.00	\$170.00	\$6.95
ULS110	The Teachings of Jesus	<i>The Revealer</i>	\$17.50	\$145.00	\$4.50

The **Prepayment Plan:** a savings of 20% with prepayment of all courses

ULS100	All Courses listed above	All Textbooks	\$158.66	\$1525.00	\$34.10
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Send this form to iamrenford@gmail.com and it will be forwarded to those offering scholarships. You will receive a copy of the Institute of Applied Metaphysics Catalog

Three E-books are available free online from the IAM-COR site and information may be requested by post as follows.

I would like to receive material on:

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 The COR Ministry \_\_\_\_\_  
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 A copy of *The Searcher's Roadmap*. \_\_\_\_\_

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Signature \_\_\_\_\_ Date \_\_\_\_\_

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The Affiliate Partner Program special promotions has begun and most of the space is taken by Affiliate Partners and Friends. If you want to place advertising but not join the Affiliate Partner Program, call 901-487-9365.

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### **Free E-books**

You can get a free copy of the *Searcher's Road Map* and *The COR Document* simply by requesting them at [iamrenford@gmail.com](mailto:iamrenford@gmail.com)

## **Syncing the Chi**

**A free meditation class for Dr. Latifs patients is now open to anyone who would like to attend.**

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**Dr. Latifs large meditation exercise class room is around the back of the building, middle door.**

**Please contact Charlotte Neville for your questions 901-230-7862.**

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## **THE HOUSE THAT NAMUH BUILT**

For the past few months this book has only been available as an E-book. We now have a new shipment of the printed version arriving. The price is \$15.50. You can purchase it by requesting it at Lightways or at, [www,IAM-COR.org](http://www.IAM-COR.org).



The RBR Hosts program has developed into a fraternity of teachers, healers, creators and service oriented personalities. We have formerly been limited to two hours per day broadcast time with 12 shows per week. Of course this limited the number of Hosts, the genres and the audience we could reach. We think that those who are producing these shows and working to provide information and services to listeners worldwide are dedicated and the potential for an expanded network is present. This is a diverse group and each host has appeal for a segment of the listener base and may create their own listener base. While we may have differences in belief systems, skills and approaches to the public the core intent is to serve. We have a variety of backgrounds but as hosts we all want the same thing. We want successful shows with a good audience base and to share what we have come to know by interviewing service oriented guests.

Contact [iamrenford@gmail.com](mailto:iamrenford@gmail.com) for information regarding your participation in the Hosts Association. We will forward the Hosts Association Package.

## **Writers and Would-be Writers - a note from IAMPress, Inc.**

If you have published a book it is too bad it was not with our assistance, however, there is no need you should be deprived of our marketing services. *The Author's Workbook* by Renford will be sent for free upon request. Instead of scheduling classes and since the pandemic, we have decided to produce the workshop on video so you can watch it anytime at your leisure. The book will be sent immediately upon request. The availability of the video will be posted.

### **Renford Broadcast Network**

YouTube.com is where you can find the **Renford Broadcast Network** shows and 7 sections including the Book Man Show and Core Concepts.

The Renford Broadcast Network includes the following:

- A substantial site on YouTube
- The Radio by Renford Network on multiple platforms on the Internet. [blogtalkradio.com/Renford](http://blogtalkradio.com/Renford) has a format that allows for people to call in with their questions.
- The Lightways E-zine rounds out our media operations and is the voice of the Institute of Applied Metaphysics, the Church of Revelation and IAMPress, Inc.

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**Juli Dennis**  
**Minister of Peace**  
**Animal Communicator**  
**Practitioner**  
**of**  
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**901-949-9286**

Juli is a Reiki Master who has volunteered hours in hospitals, at Ronald McDonald House, the HART Center and the Caring Center. She is in private practice for animal communication and energy work.

### **Inner City Interfaith Group**

Our objective is to promote a strong sense of unity, spiritual awareness, and create working relationships in the Tri-state area, between the Children of God. It is not to propagandize or proselytize.

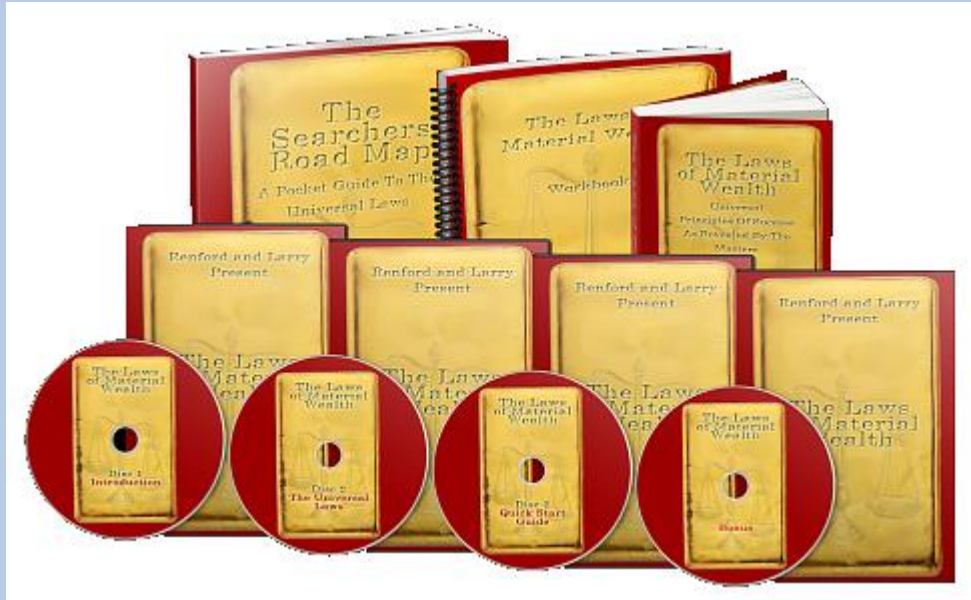
The November session was held at the Benjamin Hooks Library on Poplar in Memphis, Tennessee. Contact the Program Director, [ShukriyyahSchexnayder@gmail.com](mailto:ShukriyyahSchexnayder@gmail.com) for the next meeting date and location.

Some of the panelists have been: James Renford Powell from the Institute of Applied Metaphysics, Rabbi Joel Finklestine of Anshei Sphard Beth El Emith congregation, Imam Rasad Al Sharif, of Masjid Al-Mu'minun, Dr. Namabl Webster, Minister Anthony Muhammad, Bishop Richard S. Floyd of the Church of Jesus Christ of the Latter Day Saints. And Rabbi Sarit Horwitz of Beth Sholom Synagogue and Rev. Eric Donaldson of Unity Christian Church.

If you would like to participate as a panelists or simply attend, please contact the Program Director.



The Laws of Material Wealth program is made up of the book, *The Laws of Material Wealth*, the workbook with 5 exercises per chapter, 4 DVDs and 54 one hour shows. The marketing plan is generous and the \$126,000 Share



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A photograph of a large, modern, two-story house with a prominent arched entrance and a balcony, illuminated at dusk. The house features a mix of light and dark tones, with warm interior lighting visible through the windows. The scene is set against a twilight sky with some palm trees visible on the right.



Khenpo Gawang Rinpoche, is the founder and spiritual director of PKMC. He is a Tibetan Buddhist scholar, monastic, and meditation teacher who studied at Namdroling Monastery in Southern India. He was sent to teach in the USA by his main teacher, His Holiness Penor Rinpoche. *3921 Fraser-Raleigh Road Memphis, TN 38128 – Khenpo Gawang Rinpoche 901-377-4834 pemakarpomeditation@gmail.com Sunday 11:00 Friday 7:00 www.PemaKarlo.org*

### Theosophical Society

The Theosophical Society houses the largest metaphysical library in the world. It has a headquarters in India, Wheaton, Illinois and a center in California.

The Director in Memphis is Elaine Orland. 901-210-1020 The society meets twice a month, the first and third Monday of each month. They meet at 2660 Stage Coach Drive in Memphis Tennessee. Email: edorland@aol.com

## Renford Books Limited Partners

The Renford Books Limited Partners is a proposed marketing company to be established exclusively for the 28 books, catalogs and manuals written by Renford. This also includes a large number of audio tapes, DVDs and the world renowned Renford Affirmations.



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Everyone has unlimited potential and should be aware of who they are and what they can do in this lifetime. Dr. Ross is on a mission to inform, educate and help others realize their potential and understand the possibilities that are available to them.

**Dr. Theresa M. Ross Ph.D., Msc.D. <https://www.activehealthyways.com>**

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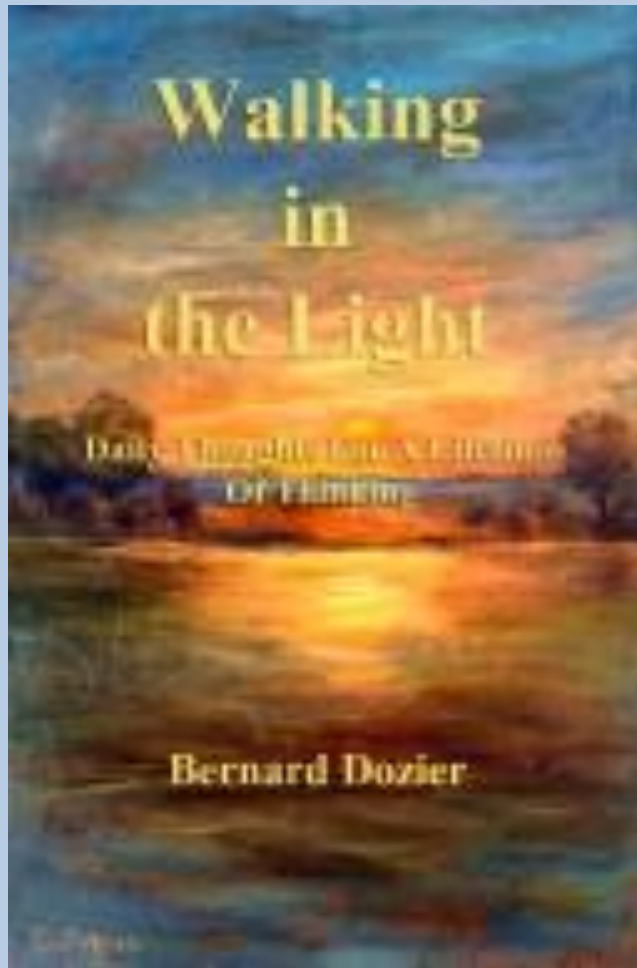
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**This is a book is full of daily thought provoking insights. The author is a long-time Unity minister and former leader of the Unity World Wide Ministries. After retirement his personal ministry has been online.  
rbdozier@aol.com**

## About ***BOOK TALK RADIO***


I AM LAWRENCE J. KING, I INTERVIEW PEOPLE ON BOOK TALK RADIO, MY GUESTS ARE GENERALLY PROFESSIONAL PEOPLE, PUBLISHED AUTHORS, ESTABLISHED MUSICIANS, BUSINESS MINDED INDIVIDUALS, AND PEOPLE WITH DIVERSE INTERESTS. MY RADIO SHOW IS DONATION BASED AND A STANDARD DONATION USUALLY STARTS AT \$40 FOR A 30 MINUTE INTERVIEW BUT YOU CAN DONATE AS MUCH AS YOU LIKE, \$50, \$75, IF YOU WOULD LIKE TO BE A GUEST ON BOOK TALK RADIO THEN EMAIL MR KING AT THIS EMAIL ADDRESS

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## **THE KVRG RADIO NETWORK GERMANY TERMS AND CONDITIONS**

**The KVRG Radio Network Germany has 200 slots available for podcasts to be aired, with no time limit on each slot.**

**The radio operates 24 hours a day, allowing for podcasts to be aired at any time within the day.**

**The duration of each podcast determines how many podcasts can be aired in one day, with an estimated 1-hour show resulting in a complete rotation of 200 slots in 8 days. To avoid replaying content and maintaining listener interest, at least 12 different artists are required to provide podcasts, with a preference for 24 unique podcasts per day. The radio network does not operate as a jukebox where listeners can select content, rather podcasters need to send their content via cloud to the radio network. The quality of recordings is a priority, and podcasts must be submitted to the radio network at least 2 days before the intended airing date. Upon approval, podcasters are required to make a payment via PayPal to eleonoradoermann@gail.com, who serves as the wife and accountant of Robert Doermann, the CEO and owner of The KVRG Radio Network Germany. Payment made via PayPal should be referenced as a "Donation for Flummi the cat to pay for his hospital bill".**

**The radio network encourages podcasters to create a digital business card on <https://www.canva.com/> for promotional purposes, and to provide a picture of themselves and a QR code for their webpage.**

**The KVRG Radio Network Germany has a zero-tolerance policy towards profanity, racism, or any form of offensive content.**

**Robert Doermann  
CEO & Owner  
THE KVRG RADIO NETWORK**



I work as a Finnish-Scandinavian tradition shaman. What is a shaman? This is a healer who creates changes in the energetic structures underlying your physical body. A tietaja, as we are known, can shift into other dimensions, finding often overlooked factors behind your physical, emotional, or spiritual challenges or discomforts. When we find and resolve the issue(s) in the subtle bodies, the physical body experiences restoration. For more, essays (blog), testimonials, and mission statement, go to:

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**Amy Fox**

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Come on a journey with me to seek the truth message from your heart. Once you learn how to navigate your inner space and realize we are all one you will know that compassion and a life well lived will break you free from your karma. WEBSITE COMING SOON. Stay tuned!

**Foxamy1987@gmail.com**

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|                                  | Positions available at the Institute and at COR             |  | Explanation of Positions  |



## What is the Lightways – E-zine ?

**The LIGHTWAYS** E-zine is published by IAMPress, Inc. for and on behalf of the Institute of Applied Metaphysics, the Church of Revelation, The Renford Books Partners and featured companies.

This is a free E-zine primarily distributed by email, but hard copy subscriptions are available.

If you are viewing someone else's copy and want to receive Lightways, e-mail [lightways@gmail.com](mailto:lightways@gmail.com) or download your free copy from [www.IAM-COR.org](http://www.IAM-COR.org) [YouTube.com](http://YouTube.com) / Renford Broadcast Network

There are 12 issues and hard copy subscriptions for the year is \$54. Each issue includes articles contributed by James Renford Powell and guests who have appeared on the Radio by Renford Network. Interviews are a staple of Lightways in association with the Radio by Renford shows on [www.blogtalkradio.com/renford](http://www.blogtalkradio.com/renford). For video interviews go to [YouTube.com](http://YouTube.com) and type in Renford Broadcast Network. There are two shows, The Book Man Show and Core Concepts. The Activities and Projects section includes reporting and updates of all developments concerning the Institute and the Church of Revelation.

Features of Lightways are regular editorial comments by James Renford Powell. Each issue provides a visit with the founder and include excerpts from the Renford Books. This serves the purpose of introducing subscribers to the Renford Books and the course of study provided by the Institute.

A calendar of events is provided free for those who want to announce an event. This is separate from the Activities and Updates section which is specifically those of IAM, COR and IAMPress.

A section is devoted to Letters to the Editor and there is a book review in many issues. Each issue has a theme or featured article that is considered serious material but we are not without humor. Each issue has a humor section. This may take the form of a cartoon or strip. It may simply be a humorous piece in verse or story form.

The music review is not just to be a critique of a singer or artist but a biographical or autobiographical piece about a person and their music. We would like to see at least one poet introduced each month Poets may submit their poems and one will be chosen for each issue. A short biographical sketch is provided on the poet.

IAM-COR News and Developments are included along with a Calendar of Events weekly or monthly and Special Events.

The primary form of distribution is by e-mail and at key postings such as [www.IAM-COR.org](http://www.IAM-COR.org). There are certain bookstores where they are available. There will be a posting of stores where Lightways is available.